

INVICTA PHOENIX 400km AUDAX HEADLINE ROUTE DATA

Saturday 20th May 2023 at 9am. RYARSH VILLAGE HALL. DA11 7NP

0.0	Ryarsh Village Hall car park	Saturday 09:00	20km/h schedule
36.0	CONTROL Edenbridge. Tesco/Waitrose.	11:24 closes	10:48
88.0	CONTROL Rudgwick. Café.	14:52 closes	13:24
143.9	Optional garage Ropley A31		15:11
161.0	CONTROL Winchester. Tesco.	19:44 closes	17:03
185.6	INFO East Meon		18:15
191.0	Optional 24h services Petersfield		18:33
239.0	Optional Tesco closes 22:00 Storrington		21:00
263.3	Optional 24h garage Pyecombe		22:09
281.3	CONTROL Lewes. Tesco.	03:44 closes	23:03
298.8	Optional 24h garage Horsebridge/A22		00:00
342.4	CONTROL Rye Scout Hut. Sleep/food	07:48 closes	Arrive 02:06 Leave 05:00
373.3	INFO Smarden		06:32
390.6	Optional Shop opens 0700		07:23
399.0	INFO Yalding		07:47
413.8	ARRIVEE	Noon cutoff	08:35

INVICTA PHOENIX 400km AUDAX under the regulations of Audax UK**STAGE 1 – RYARSH to EDENBRIDGE 36km**

0.0	From Ryarsh Village Hall car park. Exit right. Starts 9am
1.8	L@T SP Larkfield (A20)
2.1	R (Sandy Lane)
2.6	R (Fartherwell Road)
3.8	R@T
4.8	L (Comp Lane)
6.7	SO X (Comp Lane). Care crossing B2016
7.8	L SP PLAXTOL (Beechin Wood Lane)
8.6	SO @ T (Long Mill Lane)
11.8	L@GT SP DUNKS GREEN (Long Mill Lane)
13.4	R@X SP Shipbourne (Hamptons Road)
14.8	L (Back Lane)
15.6	SO X (Hildenborough Road) Care crossing A227
17.7	L SP HILDENBOROUGH (Riding Lane)
20.9	R@T SP Sevenoaks B245.
21.1	L at War Memorial SP Hildenborough Station (Noble Tree Road)
21.9	L Imm R (Philpots Lane)
24.1	L@GT SP EDENBRIDGE 8
26.90	R@T Broken SP
31.5	L SP EDENBRIDGE 3 B2027 (Five Field Lane)
32.9	L@T
35.3	L@T SP EDENBRIDGE (Station Road)
35.7	L@TL (Station Road) or use Cyclepath cut-through on L
36.0	CONTROL on L. Tesco Express. Obtain receipt or use Cashpoints or Waitrose (36.5km). Open 10:12-11:24

Saturday 20th May 2023 at 9am. RYARSH VILLAGE HALL. DA11 7NP**STAGE 2 – EDENBRIDGE to MILK CHURN RUDGWICK 52km**

36.0	From Tesco Express continue down High Street. Toilets L opp Costa
36.4	2nd Exit MRAB SP Westerham (Waitrose on R) X
36.7	L@TL SP HAXTED (Lingfield Road)
42.6	L SP Lingfield Park Race Course (Crowhurst Road)
43.1	R (Saxbys Lane)
43.7	R (Vicarage Road)
44.2	R@T
44.3	1st exit MRAB SP NEWCHAPEL (Shell Garage) Toilets R X
46.9	2nd exit MRAB SP Gatwick (West Park Road)
47.3	R (Bones Lane) sign broken
50.2	L@T SP Horne (Croydon Barn Lane)
52.8	SO Staggered X (Wheelers Lane)
53.4	L@T SP Surrey Cycleway
53.5	R SP Surrey Cycleway (Perrylands Lane)
54.1	R SP Public Bridleway – No tarmac for 300m
54.4	Continue on tarmac lane
55.1	Bear R
56.0	R@T
56.2	L (Limes Avenue)
56.7	L@T (Victoria Road)
57.1	Continue through all TL
57.8	SO TL (Vicarage Lane)
58.6	L@T
60.1	Use Cyclepath to cross to far carriageway CARE
60.2	L SP NORWOOD HILL
62.0	L SP Surrey Cycleway (Collendean Lane)
63.5	SO Staggered X. SP NEWDIGATE (Norwood Hill)
64.7	R@T SP NEWDIGATE (Stan Hill)
67.3	R@T SP NEWDIGATE (Partridge Lane)
69.5	R SP CAPEL (Kingsland)
71.3	L SP CAPEL (Misbrooks Green Road)
73.4	L@T SP Ockley

STAGE 2 – EDENBRIDGE to MILK CHURN RUDGWICK 52km (CONTINUED)

74.1	R SP Surrey Cycleway (Cole’s Lane)
74.6	Use Cyclepath to cross to far carriageway CARE
74.6	L (Cole’s Lane)
75.4	L @ GT SP Surrey Cycleway (Weare Street)
80.3	SO X SP OAKWOOD HILL (Ruckmans Lane)
81.1	L@T SP Surrey Cycleway
83.0	L@T SP RUDGWICK
83.5	R SP Surrey Cycleway
85.6	L@T SP RUDGWICK
87.2	R (Lynwick Street)
88.0	R Milk Churn CONTROL. Controller will stamp card. Open 11:56-14:52

STAGE 3 – MILK CHURN RUDGWICK to WINCHESTER 73km

88.1	Retrace to road and turn R
89.3	L@T
89.4	R SP LOXWOOD and IMM R@T
94.4	L@T B2133
95.6	R (Plaistow Road) SP PLAISTOW
99.4	Café/Shop on R in Plaistow (if needed) X
99.6	R@T (The Street) SP DUNSFOLD
100.4	L SP SHILLINGLEE
106.0	SO@X SP Gospel Green. Care crossing A283
107.7	L@T
111.3	L@T (SO) Costa, Shops and Toilets in Haslemere (if needed). X
111.3	L (Shepherds Hill) SP Midhurst
112.9	R SP LIPHOOK
113.3	L CAMELSDALE
114.2	1st EXIT RAB SP LIPHOOK
118.9	2nd EXIT MRAB. Liphook Cycles closes 16:30
118.9	2nd EXIT MRAB
119.0	2nd EXIT MRAB (Headley Road)
119.4	Coop on R (if needed) X
122.3	L (Hollywater Road) SP BLACKMOOR

STAGE 3 – MILK CHURN RUDGWICK to WINCHESTER 73km (CONTINUED)

125.2	2nd EXIT RAB
125.3	1st EXIT RAB (Firgrove Road)
125.6	L (Drift Road) SP BLACKMOOR
130.6	R@T SP Alton
131.1	L SP NEWTON VALENCE
135.5	Café/Shop at East Tisted (if needed) X
136.0	L@T SP West Meon
137.0	R No SP
143.9	L@T SP WINCHESTER A31 (CARE) (Shell Garage if needed) X
145.4	3rd EXIT RAB SP ALRESFORD. Toilets New Alresford L nr Rail Station.
150.9	R SP OVINGTON
152.2	R CP23
155.2	L@T SO
155.9	R SP EASTON CP23
158.2	L SP Village Hall
158.2	R (Easton Lane) CP23
160.5	Through underpass
160.6	Over bridge crossing M3. Stay on CP23 – Care Bollard
160.6	L Through underpass
160.7	1st Exit RAB (stay on CP) to pass City of Winchester sign
161.0	Bike parking and outside seating to R of Tesco Extra. CONTROL TESCO EXTRA. Costa/Toilets. Obtain receipt from Supermarket or fuel station. Hargroves Cycles closes 17:30 nearby. Open 14:22-19:44

KEY: Places in CAPITALS are places you ride through. Places in mixed case are for direction only.

L = turn left, R = turn right, SO = straight across, X = crossroads requiring give way, SP = signpost, TL = traffic lights, RAB = roundabout, MRAB = mini-roundabout, GT = grass triangle, CR = cycle route, CP = cycle path, @ = at, X = shop

STAGE 4 – WINCHESTER to LEWES 120km

161.0	From bike parking follow footway L behind adjacent bus stop
161.2	Fork R by Earle House SP CR23 through car parking area
161.4	L@T SP CR23
161.9	L@T (Alresford Road)
162.3	Cross bridge over M3. Toilets R Cemetry.
164.7	2nd exit RAB SP PETERSFIELD
165.2	Fork L SP PETERSFIELD A272
169.3	R SP WARNFORD
169.9	SO X SP WEST MEON
172.5	SO X SP WEST MEON
178.2	L@T
180.6	R SP EAST MEON
185.6	INFO CONTROL @ Church on left
188.9	R SP PETERSFIELD
191.9	2nd exit RAB
191.9	STOP FOR FOOD/DRINK: <i>immediately L for services / toilets</i> OTHERWISE continue and skip to 192.9
192.3	<i>McDonalds (24h) or M&S Wild Bean Café (24h) if needed</i> X
192.3	<i>Exit services on One Way and L@T onto Bypass exit ramp</i>
192.4	<i>1st exit RAB SP Town Centre</i>
192.9	2nd exit RAB SP Town Centre
193.4	Over Level Crossing and R (Charles Street). Tesco Express if needed. X
193.9	L@T (The Spain)
194.3	SO X (Sussex Road). Toilets L Heath Road West
200.4	L@T SP ELSTED. Toilets R before pub.
203.8	R SP TREYFORD
205.2	R@T SP DIDLING
211.6	L@T SP Guildford A286 CARE
212.9	R SP HEYSHOTT
217.8	L SP Selham
218.4	R@T SP GRAFFHAM
219.3	L@T in Graffham
221.1	R@X SP Petworth Junction
223.3	L@T SP Petworth A285 CARE
223.6	R SP Bignor @ GT

STAGE 4 – WINCHESTER to LEWES 120km (CONTINUED)

228.6	R@T SP Bury B2138
229.5	L SP Coldwaltham
231.2	SO Staggered X SP Greatham (Brook Lane)
236.2	R@T SP STEYNING A283
239.0	1st exit MRAB SP STEYNING (Tesco Express closes 10pm) X
239.5	2nd exit MRAB SP STEYNING
242.7	2nd exit RAB SP STEYNING
248.6	R SP STEYNING. Toilets R middle of Steyning High Street
250.1	2nd exit MRAB
251.3	3rd exit RAB SP BRAMBER (The Street). Toilets L
252.5	2nd exit MRAB
252.7	1st exit MRAB SP Henfield
255.0	R SP FULKING (Edburton Road)
261.9	2nd exit RAB SP PYECOMBE
263.3	At RAB join CR20 on R SP PYECOMBE. 24h services/toilets X
264.4	R@T CR20 SP PYECOMBE VILLAGE
264.5	L SP PYECOMBE bridge over A23
264.7	R SP South Downs Way by Church Lane sign and railway sleepers
265.1	L@T
266.5	R SP Ditchling. Underhill Lane
269.3	SO X Underhill Lane
270.7	R@T SP Lewes
277.0	R@T SP Lewes A275
278.7	L SP Town Centre. Offham Road
280.1	1st exit MRAB. White Hill
280.3	L@T into one way system
280.6	Bear L @ TL (SO) – cash machine control options to R
281.0	1st exit RAB and 1st exit RAB into Tesco car park
281.3	CONTROL TESCO (supermarket closes midnight). Alternative control BP 24h services with M&S 0.5km further on. Open 18:22-03:44

STAGE 6 – LEWES to RYE 61km

281.3	Exit Tesco car park using their one-way system
281.4	1st exit RAB by fuel station
281.5	3rd exit RAB
281.6	1st exit RAB
281.7	1st exit RAB SP London A26
281.8	BP Services with Wild Bean Café. Receipt if alternative CONTROL X
282.5	R. Signed as no through road and cycleway. Post box in wall.
282.8	Bear L Cycleway
283.0	CARE Metal Gate. R Follow Cycleway (parallel to road)
284.7	Bear L to rejoin road by Ringmer sign.
285.3	2nd exit MRAB (SO). Toilets on R at Village Hall.
287.0	2nd exit MRAB SP LAUGHTON (Laughton Road)
294.8	R@T A22 SP Eastbourne
298.8	Shell 24h services if needed (on L at RAB) X
298.9	2nd exit RAB (Lower Horsebridge)
300.7	1st exit RAB (SO) and SO @ TL
301.6	1st exit RAB SP Bexhill
306.3	2nd exit MRAB SP NINFIELD
314.4	1st exit RAB SP BATTLE
317.1	R (Powdermill Lane)
320.3	1st exit MRAB
320.6	2nd exit MRAB (Marley Lane)
323.8	R@T SP SEDDLECOMBE (A21)
324.6	L SP SEDDLECOMBE (Tollgate Road)
325.7	R SP Brede (Brede Lane)
330.4	L@T SP BROAD OAK (Cackle Street)
331.7	R SP RYE (B2089)
340.5	2nd exit MRAB SP RYE
341.7	Join one-way system
342.0	Fork L SP Town Centre
342.1	1st exit MRAB SP Sports Centre (Rope Walk)
342.3	Over level crossing and L
342.4	CONTROL on L. RYE SCOUT HALL. Open 20:24- 07:48

STAGE 7 – RYE to RYARSH 73km

342.4	Exit control retracing out of car park
342.5	R@T
342.7	1st exit MRAB
342.8	Bear L SP Other Routes
342.9	L@T SP All Routes
344.5	R SP TENTERDEN
359.2	R@TL SP Ashford
360.6	1st exit MRB SP Ashford
363.1	L Biddenden Road SP Tun. Wells A262
363.5	R@GT by 'Raja of Kent'
364.7	L@GT SP Biddenden
365.4	L@T
365.7	R@GT SP SMARDEN
368.1	L@T
370.2	R@T Cage Lane. SP SMARDEN
371.8	L Lewd Lane
373.3	INFO CONTROL @ Junction
373.3	L@T SP HEADCORN
373.7	R Rosemary Lane
374.9	L@T SP HEADCORN
376.0	R@T SP HEADCORN
378.2	R@T
378.9	Sainsbury Local opens at 7am. Costa opens 8am X
379.3	L Moat Road. Toilets R.
382.4	L@T SP STAPLEHURST
385.5	SO @ TL Marden Road SP MARDEN
386.1	1st Exit RB
388.4	R@T Battle Lane
388.5	L Howland Road. SP MARDEN
390.3	One Stop shop opens 8am. Café opens 8am. Toilets L by car park X
390.6	R Pattenden Lane SP YALDING. Shop open 7am X
391.7	L@T (Hunton Road)
392.3	L Green Lane SP YALDING
394.3	R@T

STAGE 7 – RYE to RYARSH 73km (CONTINUED)

399.0	INFO CONTROL @ Junction
399.0	R SP WATERINGBURY and cross bridge
399.4	L Kenward Road SP WATERINGBURY
401.4	Bear L
402.5	R@T by 'The Railway' pub
403.2	SO TL SP East Malling (Red Hill)
405.9	L@GT The Heath. SP Broadwater
406.7	L Pikey Lane. SP Broadwater Farm
407.3	R@T (Broadwater Road)
408.7	L@GT (Lucks Hill)
409.9	L@T High Street
410.1	R (opp Tesco) (West Street)
411.6	L@T (A20) CARE
411.9	R Roughetts Road SP RYARSH
413.8	ARRIVEE @ RYARSH VILLAGE HALL. Open 22:48-12:00

