

INVICTA PHOENIX 400km AUDAX

**Saturday 11th May 2019 at 9am. GRAVESEND
CYCLOPARK. DA11 7NP**

STAGE 1 – CYCLOPARK to EDENBRIDGE 39.8km

0.0	From Cyclopark building entrance take the cycleway down the side of the building heading west. CP 177. Starts 0900
1.2	Care through speed restriction and cross road
1.7	Care through speed restriction
1.8	L @ Crossing SP Southfleet
2.0	Exit Cycle Path and join road crossing bridge over A2
2.1	3 rd exit RAB SP Southfleet
6.1	R@T at Green Street Green (Darenth)
6.7	L (St Margarets Road)
8.6	L (Shrubbery Road) before South Darenth sign
9.1	L@T
9.3	R@T SP HORTON KIRBY
11.0	SO X (Eglantine Lane)
12.6	R@T Care A20
12.7	L SP EYNSFORD
15.8	R (Castle Road) SP Castle Farm
17.4	L (Castle Farm Road) SP SHOREHAM
18.5	L@GT SP SHOREHAM
22.2	R@T
23.6	L@T (London Road)
24.9	2 nd exit RAB. (Tesco if needed) X
25.2	R (Bullfinch Lane)
26.0	R@TL
26.1	L (Cold Arbor Lane)
26.7	R (Back Lane)
29.6	R@X
39.1	L@T SP EDENBRIDGE
39.4	L@TL (Station Road) or use Cyclepath cut-through on L
39.8	CONTROL on L. Tesco Express. Obtain receipt or use Cashpoints or Waitrose (40.1km). Open 10:20-11:40

STAGE 2 – EDENBRIDGE to RUDGWICK 51.9km

39.8	From Tesco Express continue down High Street
40.1	2 nd Exit MRAB SP Westerham (Waitrose on R) X
40.4	L@TL SP HAXTED (Lingfield Road)
46.2	L SP Lingfield Park Race Course (Crowhurst Road)
46.7	R (Saxbys Lane)
47.3	R (Vicarage Road)
47.8	R@T
47.9	1 st exit MRAB SP NEWCHAPEL (Shell Garage if needed) X
50.5	2 nd exit MRAB SP Gatwick (West Park Road)
50.9	R (Bones Lane) sign broken
53.8	L@T SP Horne (Croydon Barn Lane)
56.4	SO Staggered X (Wheelers Lane)
57.0	L@T SP Surrey Cycleway
57.1	R SP Surrey Cycleway (Perrylands Lane)
57.7	R SP Public Bridleway – No tarmac for 300m
58.0	Continue on tarmac lane
58.7	Bear R
59.6	R@T
59.8	L (Limes Avenue)
60.3	L@T (Victoria Road)
60.7	Continue through all TL
61.4	SO TL (Vicarage Lane)
62.2	L@T
63.7	Use Cyclepath to cross to far carriageway CARE
63.8	L SP NORWOOD HILL
65.6	L SP Surrey Cycleway (Collendean Lane)
67.1	SO Staggered X. SP NEWDIGATE (Norwood Hill)
68.3	R@T SP NEWDIGATE (Stan Hill)
70.9	R@T SP NEWDIGATE (Partridge Lane)
73.1	R SP CAPEL (Kingsland)
74.9	L SP CAPEL (Misbrooks Green Road)
77.0	L@T SP Ockley
77.7	R SP Surrey Cycleway (Cole's Lane)
78.2	Use Cyclepath to cross to far carriageway CARE
78.2	L (Cole's Lane)
79.0	L @ GT SP Surrey Cycleway (Weare Street)
83.9	SO X SP OAKWOOD HILL (Ruckmans Lane)
84.7	L@T SP Surrey Cycleway
86.6	L@T SP RUDGWICK
87.1	R SP Surrey Cycleway
89.2	L@T SP RUDGWICK
90.8	R (Lynwick Street)
91.6	R Milk Churn. CONTROL. Controller will stamp card. Open 11:46-14:32

KEY: Places in CAPITALS are places you ride through. Places in mixed case are for direction only.

L = turn left, R = turn right, SO = straight across, X = crossroads requiring give way, SP = signpost, TL = traffic lights, RAB = roundabout, MRAB = mini-roundabout, GT = grass triangle, CR = cycle route, CP = cycle path, SO = straight across, @ = at, X = shop

STAGE 3 –RUDGWICK to WINCHESTER 72.9km

91.7	Retrace to road and turn R
92.9	L@T
93.0	R SP LOXWOOD and IMM R@T
98.0	L@T B2133
99.2	R (Plaistow Road) SP PLAISTOW
103.0	Café/Shop on R in Plaistow (if needed) X
103.2	R@T (The Street) SP DUNSFOLD
104.0	L SP SHILLINGLEE
109.6	SO@X SP Gospel Green. Care crossing A283
111.3	L@T
114.9	L@T (SO) Costa and Shops in Haslemere X
114.9	L (Shepherds Hill) SP Midhurst
116.5	R SP LIPHOOK
116.9	L CAMELSDALE
117.8	1 st EXIT RAB SP LIPHOOK
122.5	2 nd EXIT MRAB. Liphook Cycles closes 16:30
122.5	2 nd EXIT MRAB
122.6	2 nd EXIT MRAB (Headley Road)
123.0	Coop on R (if needed)) X
125.9	L (Hollywater Road) SP BLACKMOOR
128.8	2 nd EXIT RAB
128.9	1 st EXIT RAB (Firgrove Road)
129.2	L (Drift Road) SP BLACKMOOR
134.2	R@T SP Alton
134.7	L SP NEWTON VALENCE
139.1	Café/Shop at East Tisted (if needed) X
139.6	L@T SP West Meon
140.6	R No SP
147.5	L@T SP WINCHESTER A31 (CARE) (Shell Garage if needed) X
149.0	3 rd EXIT RAB SP ALRESFORD
154.5	R SP OVINGTON
155.8	R CP23
158.8	L@T SO
159.5	R SP EASTON CP23
161.8	L SP Village Hall
161.8	R (Easton Lane) CP23
164.1	Through underpass
164.2	Over bridge crossing M3. Stay on CP23 – Care Bollard
164.2	L Through underpass
164.3	1 st Exit RAB (stay on CP) to pass City of Winchester sign
164.6	Bike parking and outside seating to R of Tesco Extra.
164.6	CONTROL TESCO EXTRA. Costa/Toilets. Obtain receipt from Supermarket or fuel station. Hargroves Cycles closes 17:30 nearby. Open 14:06-19:12

STAGE 4 – WINCHESTER to PETERSFIELD 31.3km

164.6	From bike parking follow footway L behind adjacent bus stop
164.8	Fork R by Earle House SP CR23 through car parking area
165.0	L@T SP CR23
165.5	L@T (Alresford Road)
165.9	Cross bridge over M3
168.3	2 nd exit RAB SP PETERSFIELD
168.8	Fork L SP PETERSFIELD A272
172.9	R SP WARNFORD
173.5	SO X SP WEST MEON
176.1	SO X SP WEST MEON
181.8	L@T
184.2	R SP EAST MEON
192.5	R SP PETERSFIELD
195.5	2 nd exit RAB and immediately L for services
195.9	CONTROL McDonalds or M&S Wild Bean Café. Open 15:04-21:08

STAGE 5 – PETERSFIELD to LEWES 89km

195.9	Exit services on One Way and L@T onto Bypass exit ramp
196.0	1 st exit RAB SP Town Centre
196.5	2 nd exit RAB SP Town Centre
197.0	Over Level Crossing and R (Charles Street).
197.5	L@T (The Spain)
197.9	SO X (Sussex Road)
204.0	L@T SP ELSTED
207.4	R SP TREYFORD
208.8	R@T SP DIDLING
215.2	L@T SP Guildford A286 CARE
216.5	R SP HEYSHOTT
221.4	L SP Selham
222.0	R@T SP GRAFFHAM
222.9	L@T in Graffham
224.7	R@X SP Petworth Junction
226.9	L@T SP Petworth A285 CARE
227.2	R SP Bignor @ GT
232.2	R@T SP Bury B2138
233.1	L SP Coldwaltham
234.8	SO Staggered X SP Greatham (Brook Lane)
239.8	R@T SP STEYNING A283
242.6	1st exit MRAB SP STEYNING (Tesco Express if needed closes 2200) X
243.1	2nd exit MRAB SP STEYNING
246.3	2nd exit RAB SP STEYNING
252.2	R SP STEYNING
253.7	2nd exit MRAB
254.9	3rd exit RAB SP BRAMBER (The Street)
256.1	2nd exit MRAB
256.3	1st exit MRAB SP Henfield
258.6	R SP FULKING (Edburton Road)
265.5	2nd exit RAB SP PYECOMBE
266.9	At RAB join CR20 on R SP PYECOMBE. 24h services (if needed) X
268.0	R@T CR20 SP PYECOMBE VILLAGE
268.1	L SP PYECOMBE bridge over A23
268.3	R SP South Downs Way by Church Lane sign and railway sleepers
268.7	L@T
270.1	R SP Ditchling. Underhill Lane
272.9	SO X Underhill Lane
274.3	R@T SP Lewes
280.6	R@T SP Lewes A275
282.3	L SP Town Centre. Offham Road
283.7	1st exit MRAB. White Hill
283.9	L@T into one way system
284.2	Bear L @ TL (SO) –control options to R
284.6	1st exit RAB and 1st exit RAB Tesco car park
284.9	CONTROL TESCO (supermarket closes midnight). Alternative control BP 24h services with M&S 0.5km further on. Open 17:44-02:28

STAGE 6 – LEWES to RYE 61.2km

284.9	Exit Tesco car park using their one-way system
285.0	1 st exit RAB by fuel station
285.1	3 rd exit RAB
285.2	1 st exit RAB
285.3	1 st exit RAB SP London A26
285.4	BP Services with Wild Bean Café (if required) X
286.1	R. Signed as no through road and cycleway. Post box in wall.
286.4	Bear L Cycleway
286.6	CARE Metal Gate. R Follow Cycleway (parallel to road)
288.3	Bear L to rejoin road by Ringmer sign.
288.9	2 nd exit MRAB (SO)
290.6	2 nd exit MRAB SP LAUGHTON (Laughton Road)
298.4	R@T A22 SP Eastbourne
302.4	Shell 24h services if needed (on L at RAB) X
302.5	2 nd exit RAB (Lower Horsebridge)
304.3	1 st exit RAB (SO) and SO @ TL
305.2	1 st exit RAB SP Bexhill
309.9	2 nd exit MRAB SP NINFIELD
318.0	1 st exit RAB SP BATTLE
320.7	R (Powdermill Lane)
323.9	1 st exit MRAB
324.2	2 nd exit MRAB (Marley Lane)
327.4	R@T SP SEDDLESCOMBE (A21)
328.2	L SP SEDDLESCOMBE (Tollgate Road)
329.3	R SP Brede (Brede Lane)
334.0	L@T SP BROAD OAK (Cackle Street)
335.3	R SP RYE (B2089)
344.1	2 nd exit MRAB SP RYE
345.3	Join one-way system
345.6	Fork L SP Town Centre
345.7	1 st exit MRAB SP SPORTS CENTRE (Rope Walk)
345.9	Over level crossing and L
346.0	CONTROL on L. RYE SCOUT HALL. Open 19:40- 06:20

STAGE 7 – RYE to CYCLOPARK, GRAVESEND 79.7km

346.0	Exit control retracing out of car park	
346.1	R@T	
346.3	1 st exit MRAB	
346.4	Bear L SP Other Routes	
346.5	L@T SP All Routes	
348.1	R SP TENTERDEN	
362.8	L@TL SP Hastings	
363.3	R SP Cranbrook (Cranbrook Road)	
368.5	R@GT (Fosten Lane)	
370.4	L@GT SP Cranbrook	
371.0	R No SP	
372.7	R@T	
373.2	L SP FRITTENDEN	
375.9	R@T (The Street)	
376.7	L SP STAPLEHURST (Staplehurst Road)	
380.2	R@T (Esso Services opens 0600 on L)	X
381.1	L@TL SP MARDEN (Marden Road)	
384.0	R@T SP MARDEN (Battle Lane)	
384.0	L SP MARDEN (Howland Lane)	
386.2	R SP YALDING (Pattenden Lane) (Kent Mart if needed opens 0700)	X
387.2	L@T (Hunton Road)	
387.8	L SP YALDING (Green Lane)	
389.8	R@T	
394.5	R SP WATERINGBURY and cross bridge	
394.9	L SP WATERINGBURY (Kenward Road)	
398.0	R@T by “The Railway” pub	
398.7	SO TL SP East Malling (Red Hill)	
401.4	L@GT SP Broadwater (The Heath)	
402.2	L SP Broadwater Farm (Pikey Lane)	
402.8	R@T (Broadwater Road)	
404.2	L@T (with GT) (Lucks Hill)	
405.4	R@T (High Street)	
405.9	1 st exit RAB SP Wrotham Heath A20	
406.3	24h Services with Spar (if needed)	X
407.3	R SP RYARSH (Roughetts Road)	
408.5	R@X SP RYARSH (The Street)	
410.9	L SP HARVEL (Stangate Road)	
415.1	R@GT SP HARVEL (White Horse Lane)	
419.0	L@T (The Street)	
419.2	R@T	
424.5	2 nd exit RAB SP SERVICES	
424.6	3 rd exit RAB Cyclepath SP Gravesend	
425.1	CONTROL SHELL GARAGE. Open 22:20-12:00.	
425.2	Leave Garage and L into CYCLOPARK	
425.7	ARRIVEE @ CYCLOPARK	